

Prenatal Depression Screening and Follow-Up (PND-E)

By collaborating, we can improve health outcomes for your patients, our members. This MDwise tip sheet provides best practices and tips that can optimize HEDIS scores and identify opportunities to improve patient care.

What Is the Measure?

The percentage of deliveries in which members were screened for clinical depression while pregnant and, if screened positive, received follow-up care.

Two (2) rates are reported:

1. **Depression Screening.** The percentage of deliveries in which members were screened for clinical depression during pregnancy using a standardized instrument.
2. **Follow-Up on Positive Screen.** The percentage of deliveries in which members received follow-up care within 30 days of a positive depression screen finding.

- ✓ Screen all pregnant members for clinical depression using one (1) of the standardized depression screening assessments in **Attachment A: (PND-E) Standardized Depression Screening Assessments.**
- ✓ For any positive screenings, follow up within 30 days with one (1) of the following:
 - Outpatient, telehealth, telephone, e-visit or virtual check-in with a diagnosis of depression or other behavioral health condition.
 - A depression case management encounter that documents assessment for symptoms of depression or a diagnosis of depression or other behavioral health condition.
 - A behavioral health encounter, including assessment, therapy, collaborative care or medication management.
 - Prescribing an antidepressant medication found on the HEDIS Medication List Directory.
 - Documentation of additional depression screening on a full-length instrument indicating either no depression or no symptoms that require follow-up on the same day as a positive screen on a brief screening instrument.

IHCP-Covered Codes to Identify PND-E:

Description	Codes
Follow-Up Visit	Follow-Up Visit CPT: 98960-98962, 98980, 98981, 99202-99205, 99211-99215, 99341-99345, 99347-99349, 99350, 99381-99387, 99391-99397, 99401, 99457, 99458 HCPCS: G0463, T1015 REV: 510, 513, 516, 517, 519-521, 523, 529 AND Depression or other BH Condition Diagnosis Code** ICD10CM: F01.51, F06.4, F11.188, F12.180, F12.980, F13.180, F14.180, F16.180, F20.0, F25.9, F31.3, O90.6, O99.340-O99.345
Depression Case Management Encounter	Depression Case Management Encounter*** HCPCS: T1016 AND Depression or other BH Condition Diagnosis Code** ICD10CM: F01.51, F06.4, F11.188, F12.180, F12.980, F13.180, F14.180, F16.180, F20.0, F25.9, F31.3, O90.6, O99.340-O99.345
Behavior Health Encounter	CPT: 90791, 90792, 90832-90834, 90836-90839, 90845-90847, 90849, 90853, 90867-90870 HCPCS: H0031, H0034, H0035, H2000, H2011, S9480, S9484, S9485, H0004*, H2012*, H2014*, H2017*, H2019* REV: 900, 905, 907, 912-916 ICD10CM: Z71.82

*These HCPCS codes are covered by Medicaid Rehabilitation Option (MRO) when billed by a Community Mental Health Center (CMHC). MRO claims for MDwise members must be billed separately and submitted to the IHCP Fee For Service (FFS) claim-processing unit. Providers should refer to the [Indiana Health Coverage Programs \(IHCP\) MRO Services Module](#) for further billing instructions.

**This ICD-10 list contains examples from a larger diagnosis code set; not all valid codes are represented.

***The patient must have an assessment for symptoms of depression, diagnosis of depression or other BH condition(s) documented within their medical record(s).

How to Improve Your Quality Score:

Perform any of the specified prenatal depression screening tools at the first prenatal visit as part of your standard initial prenatal exam.

If completing a brief screening instrument (such as PHQ-2) results in a positive screen, immediately follow up with a full-length instrument (such as PHQ-9). If there are negative findings, this will be considered the follow-up.

Submit information on claims, even if non-billable; these will be factored into your HEDIS rates.